

# Employment & Training Resources

## Support For Job Seekers and Employers

This resource guide brings together employment, training, business support, and community services available to Prince George residents and local employers. Use the tables below to find programs that match your needs.

### For Workers

These programs support job seekers, employees, and individuals exploring training or career transitions.

| Support Program                                                                                                                                                  | Link                                                                                          | Brief Description                                                                                                                                                                                         |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| WorkBC Employment Services                                                                                                                                       | <a href="https://www.workbc.ca/">https://www.workbc.ca/</a>                                   | Provides individualized employment services including career planning, résumé and job search support, interview preparation, job placement, wage subsidies, skills training, and self-employment support. |
|  Kopar Administration Ltd.                                                      | <a href="https://koparadmin.ca/">https://koparadmin.ca/</a>                                   | Matches workers with training and skilled trades employment opportunities and supports successful job placements.                                                                                         |
|  Northern Immigration Services (NIS)                                            | <a href="https://www.ncimmigrationservices.ca/">https://www.ncimmigrationservices.ca/</a>     | Supports newcomers with immigration, settlement, housing, community integration, and employment-related services.                                                                                         |
|  Build Your Own Future Program (Northern Innovation Network)                    | <a href="https://www.northerninnovation.ca/byof/">https://www.northerninnovation.ca/byof/</a> | Supports aspiring entrepreneurs with business training, mentorship, coaching, workshops, etc. Includes startup grant opportunities for eligible participants.                                             |
|  Prince George Nechako Aboriginal Employment and Training Association (PGNAETA) | <a href="https://www.pgnaeta.bc.ca/">https://www.pgnaeta.bc.ca/</a>                           | Provides employment, education, skills training, and workforce development programs for Indigenous job seekers.                                                                                           |
| STEP Program                                                                                                                                                     | <a href="https://stepbc.ca/">https://stepbc.ca/</a>                                           | Delivers employment services and workforce development support for unemployed,                                                                                                                            |



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|---------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                   |                                                                                                                     | underemployed, and employment-insured individuals.                                                                                                               |
| PICS – Northern BC Workforce                      | <a href="https://pics.bc.ca/">https://pics.bc.ca/</a>                                                               | Career transition and workforce support services for workers affected by labour market changes.                                                                  |
| Service Canada (EI, CPP, OAS)                     | <a href="https://www.canada.ca/en/services/benefits/ei.html">https://www.canada.ca/en/services/benefits/ei.html</a> | Helps individuals access Employment Insurance (EI), Canada Pension Plan (CPP), Old Age Security (OAS), and other federal income support programs.                |
| WorkBC Centres (Training Support)                 | <a href="https://www.workbc.ca/">https://www.workbc.ca/</a>                                                         | Connects workers to funded training opportunities to transition into new careers and industries.                                                                 |
| SkilledTradesBC                                   | <a href="https://skilledtradesbc.ca/">https://skilledtradesbc.ca/</a>                                               | Provides apprenticeship, pre-apprenticeship, certification, and skilled trades training programs.                                                                |
| Construction Foundation of BC (CFBC)              | <a href="https://cfbc.ca/">https://cfbc.ca/</a>                                                                     | Offers training, education, mentorship, driver's license training, mental health supports, and apprenticeship assistance through programs like Road to Red Seal. |
| Immigrant & Multicultural Services Society (IMSS) | <a href="https://www.imss.ca/">https://www.imss.ca/</a>                                                             | Offers settlement, integration, employment, language, and community support services for immigrants and refugees.                                                |
| ISSofBC – Career Paths for Skilled Immigrants     | <a href="https://issbc.org/">https://issbc.org/</a>                                                                 | Helps internationally trained professionals and skilled immigrants connect their education and experience to employment opportunities in BC.                     |
| Intrepid Careers                                  | <a href="https://careers.intrepidtravel.com/">https://careers.intrepidtravel.com/</a>                               | Provides career placement and job search support, including screening, interview assistance, candidate testing, and professional recruitment services.           |

## Wellbeing

Resources to help individuals access mental health services, health information, crisis support, and financial wellbeing assistance.

| Program/Institution        | Link                                                                              | Description                                                                                           |
|----------------------------|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| 310 Mental Health Support  | <a href="https://helpstartshere.gov.bc.ca/">https://helpstartshere.gov.bc.ca/</a> | Free BC crisis line (310-6789) providing emotional support, mental health information, and referrals. |
| Help Starts Here           | <a href="https://helpstartshere.gov.bc.ca">https://helpstartshere.gov.bc.ca</a>   | Mental health services directory.                                                                     |
| HealthLink BC              | <a href="https://www.healthlinkbc.ca">https://www.healthlinkbc.ca</a>             | 24/7 health information.                                                                              |
| Credit Counselling Society | <a href="https://www.nomoredebts.org">https://www.nomoredebts.org</a>             | Financial counselling and debt support.                                                               |

## For Companies & Contractors

These programs help businesses with workforce development, training grants, and recruitment.

| Support Program                                           | Link                                                                                      | Brief Description                                                                                                                                                         |
|-----------------------------------------------------------|-------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| NDIT Forestry Grant / Canada-BC Workforce Tariff Response | <a href="https://www.northerndevelopment.bc.ca">https://www.northerndevelopment.bc.ca</a> | Supports forestry workers, contractors, employers, and communities affected by tariffs, duties, and sector disruptions through workforce transition and training funding. |
| BC Employer Training Grant                                | <a href="https://www.workbc.ca/">https://www.workbc.ca/</a>                               | Funds skills training for current and new employees; can also support self-employed workers and contractors.                                                              |
| Work-Sharing Program                                      | <a href="https://www.canada.ca">https://www.canada.ca</a>                                 | Helps employers avoid layoffs during temporary downturns by reducing work hours while employees receive EI support.                                                       |
| Sector Labour Market Partnerships (SLMP)                  | <a href="https://www.workbc.ca/">https://www.workbc.ca/</a>                               | Funds projects that help industries and workers respond to changing labour market needs.                                                                                  |
| CORE Recruitment                                          | <a href="https://www.corecruitment.com/">https://www.corecruitment.com/</a>               | Specializes in recruitment and talent management of skilled and general labourers as well as technical and non-technical professionals throughout Northern BC.            |
| Excel Personnel Inc.                                      | <a href="https://www.excel.bc.ca/">https://www.excel.bc.ca/</a>                           | Offers customized recruitment, staffing, talent acquisition, and human resources services for employers.                                                                  |
| Intrepid Careers                                          | <a href="https://careers.intrepidtravel.com/">https://careers.intrepidtravel.com/</a>     | Provides recruitment services including candidate sourcing, screening, testing, interview support, and applicant tracking.                                                |
| Northern Immigration Services (NIS)                       | <a href="https://www.ncimmigrationservices.ca">https://www.ncimmigrationservices.ca</a>   | Helps employers recruit and retain foreign workers and navigate immigration pathways.                                                                                     |
| WorkBC                                                    | <a href="https://www.workbc.ca/">https://www.workbc.ca/</a>                               | Connects employers with job seekers and provides hiring, workforce planning, labour market, and training resources.                                                       |

## Prince George Learning Centres

Local institutions that offer a wide variety of programs.

| Local Institution                                                                                                                | Link                                                                                      | Brief Description                                                                                                                                                                       |
|----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  O'Brien's Training Centre                        | <a href="https://www.obrientraining.com/">https://www.obrientraining.com/</a>             | Delivers industry-recognized safety, occupational, and equipment training programs for workers and employers in construction, forestry, mining, and industrial sectors.                 |
|  College of New Caledonia                         | <a href="https://cnc.bc.ca/">https://cnc.bc.ca/</a>                                       | Provides post-secondary education, trades training, continuing education, university transfer programs, and workforce development opportunities across Northern BC.                     |
|  Vocational Training Centre                       | <a href="https://vocationaltrainingcentre.com/">https://vocationaltrainingcentre.com/</a> | Provides employment readiness, life skills, vocational training, and support services for individuals with diverse abilities seeking meaningful employment and community participation. |
|  University of Northern British Columbia (UNBC) | <a href="https://www.unbc.ca/">https://www.unbc.ca/</a>                                   | Offers undergraduate, graduate, professional development, and research programs that support workforce development and career advancement.                                              |

**Need Help Finding the Right Program? Contact the City of Prince George Economic Development Office or visit WorkBC for personalized guidance and support.**

**Phone: 250-561-7633 | Job Seekers: [moveuppg.ca](https://moveuppg.ca) | Businesses: [investprincegeorge.ca](https://investprincegeorge.ca)**